



PHASES



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Riverside College, Bacolod City

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1st RESEARCH FORUM DEVELOPING GROWTH FOR STUDENTS KICKS OFF IN LOVE FOR COMMUNITY WORK



Responding to the call to serve is an integral part of one's commitment in faith. Thus, service to alleviate a society's problem is a call seriously considered as it is not solely a responsibility but a privilege to an agent for any transition.

Educators like us are strongly motivated to be catalysts as we are perceived to be possessed with the knowledge, skills, and resources needed for societal process of change.

Immersion does not entirely expose one to a period of weeks and months to feel and discover what best is done for a gradual transformation of a community in focus. A simple organization, conscientization and mobilization of what is existent in terms of resources can do the make-up and make-over as initial approach. Consequently, being educators give the advantage of knowing how to objectify the existing situation and critically analyze what is to improve.

A year has passed and months to travel for 2 years of community work at Kasanag Village, the faculty of CAS goes on to visit the residents with the drive for betterment. It seems though, that a manifestation of mutual motivation has come up; the will to serve for the other and the will to learn and improve the latter.

The commitment to social change compels one to allow every human a dignified life, a commitment that the College of Arts and Sciences wants to be a part of.



Pioneering the RESEARCH FORUM for students are this semester's 3rd YEAR STUDENTS taking up RESEARCH under the expertise of the instructors: Dr. Ervie S. Gallespen, Ms. Joy F. Octaviano, Ms. Maria Cecil P. Torres, Ms. Starlynn G. Balinas, Ms. Marilou G. Piodena, Mr. Ramon B. Bina-oro and Mr. Arnold T. Posecion, all members of the Research Council.

The forum dealt on the following research studies and were presented by the authors themselves:

THE ASSESSMENT OF NURSE EDUCATORS OF RIVERSIDE COLLEGE IN TERMS OF SELECTED VARIABLES IN RELATION TO THEIR LEVEL OF STRESS AND WORK VALUES: A BASIS FOR CRITERIA FORMULATION IN THE ASSESSMENT OF TEACHING LOAD

By: Mr. Dante R. Sol, Jr.

The forum with its theme: "Building Bridges Towards Educational Appraisal Through Research" held at AVR 3, had 130 participants listening to the presenters and reactors Mr. Virgilio Y. Tan, Ms. Ma. Cecil P. Torres, Ms. Gemma O. Gargar and Ms. Portia G. Murillo. Likewise, evaluation of the said activity followed while everybody was served with hearty snacks.

The aim to allow students to have a preview of how a research process moves on from start to finish also pursues a result which is an in-depth integration of unwavering commitment among research students to be able to come up with a comprehensive output even on an initial stage.

COMMUNITY INVOLVEMENT PROGRAM OF THE RIVERSIDE COLLEGE CAS FACULTY: ITS EFFECT ON THE LIVES OF THE CHILDREN AND YOUTH AT KASANAG VILLAGE

By : Dr. Ervie S. Gallespen

RIVERSIDE COLLEGE NURSING REVIEW CENTER: A FEASIBILITY STUDY

By: Dr. Arlyn P. Hinolan, Dr. Gloregene S. Guanzon, Dr. Arnold T. Posecion, Ms. Florence Joy F. Octaviano, Ms. Gemma O. Gargar, Ms. Starlynn Balinas

AN ASSESSMENT OF THE ENROLLMENT PATTERN IN RIVERSIDE COLLEGE: BASIS FOR FUTURE PLANS OF OPENING NEW COURSES

By: Ms. Marilou G. Piodena, Dr. Ervie S. Gallespen, Ms. Lilibeth S. Balsicas, Ms. Maria Cecil P. Torres, Ms. Mary Ann M. Rojas, Ms. Adrianna N. Valderrama

"COMMUNICATION IN THE WORK"

A NOPSSCEA Seminar for Non-Teaching Personnel

**OCTOBER 24, 2008 • 8am to 5 pm
AVR 3, 6th Floor, Hortencia Building, Riverside College**

St. Mary's Experience

It was like a dream come true when I came to St. Mary's Home for the Aged since I had been hoping to work with the geriatrics. Perhaps, geriatric nursing is not a popular or perhaps an unloved area in the caring profession. In my own opinion, nurses do not pursue a specialty in geriatric nursing because everything is done routinely as it lacks challenges, and doesn't give one a so called professional growth. Why then was I so happy of my new assignment if it doesn't give me any advancement in skills and knowledge? Am I being apathetic or just lazy? Am I bored of my work? The reason for this is purely spiritual. A response to a calling for the Apostleship of the Aged.

St. Mary's Home for the Aged is a diocesan run institution that houses abandoned and ageing persons who want to seek shelter. Most of the residents were endorsed by DSWD and by their Parochial Vicar. It will take you 30 minutes of travel to be able to reach the place but the trip is a relaxing one as you will be passing by a greenery of sugarcane plantation. Aside from that, the cool gentle breeze of air will make you feel as if you are being cuddled by Mother Nature.

Each resident has her own story to tell. There is Lydia (not her real name) who is suffering from Post Traumatic Stress Disorder (also known as Shell Shock, War Trauma). She survived the incident but the trauma caused her too much psychological stress.

Lola Araceli is a case of regression who would blush or giggle every time she is introduced to a male student nurse. Lola Estrella, Lola Jasmine, and Lolo Bagrong have schizophrenia, while others were neglected by their children. Talking to them made me wonder how their loved ones could treat them so indifferently. I hope that this is not one of the effects of our throw-away mentality where everything seems to be disposable. If this idea is true, it is very sad because we are not dealing with an "I and It" relationship but an "I and Thou" where the former objectify while the latter acknowledges a living relationship (Martin Buber, I and Thou). Parent-children relationship whether it's bad or good should never be treated as a thing that can be disposed of anytime one wants to. According to Buber, it is a relationship that must be sustained in spirit and mind, a kind of relationship that will lead us to God, our Eternal Thou. In one of my pre self-awareness sessions, I asked my students this question, what comes into your mind if I say old age? They answered weak, abandoned, dying, pain, burden, difficult to understand, lack of love, "inutil"....-such very disappointing supposed reactions towards the aged.

My desire to take care of the aged started after reading Mother Teresa's autobiography in a book entitled, "Come Be My Light," where she sees Christ in the image of those who are suffering, abandoned and unloved. Those living at St. Mary's are silently suffering, abandoned, and unloved. They long to be with their loved ones. They wanted to experience that unconditional love that they once had with their children. Yet for some reason, it is impossible. The irony is this, people whom they don't know pay them a visit but those whom they knew forget them.

I like what St. Jose Maria Escriva, founder of the Opus Dei said, "Sanctity is made up of heroic acts. Therefore, in our work we are asked for the heroism of finishing properly the tasks committed to us, day after day, even though they are the same task." Thus, I always

see my work not only as an opportunity to touch the lives of those around me but more importantly, a calling to do something beautiful for God. I must admit that this is hard to fulfill knowing that there are so many imperfections in me. Yet despite of this, I continue to struggle above human weaknesses believing that this is part of what sanctity is.

Just like everybody else, residents of St. Mary's needs nutritional and medical care. But with the current economic situation we are into right now, I was pondering if we are still able to practice the virtue of charity to others. Yet, one doesn't have to be rich in order to be charitable. A handful of rice, a piece of bread, or a pair of unused clothing kept in our locker would be enough to paint a smile on their faces and warm their hearts.

In one of her visits in the slums of India, Mother Theresa of Calcutta came to a house where a Moslem family had not eaten for more than a day. When she found out that they have no rice to cook, in haste she went back to her convent, asked for some rice and gave it to the starving family. However, the mother of the said family, who survived the rice in two parts; Mother Teresa asked her why she's doing it, the mother replied, "My neighbor had not eaten for days also, I am giving her half of the rice you gave me because they too are hungry."

It has been a humbling experience that I am able to give my share in caring for this group of people. I am not certain if I will still be assigned in that institution. But even for a short period of time, I realized that I am more blessed, I have my family with me, my parents can still feel my presence, and we can give comfort to each other. I always pray that God will touch the hearts of those who have come to see, interact and be healed by the residents especially my students. I know that sooner or later, these students of mine will come to realize their dreams and I hope that they too will comeback and share their blessings.

How else could we appreciate life then? I guess it is allowing ourselves to let go of our personal priorities and letting those retiring and aged appreciate the beauty of aging, too.



By Dennis Escalona

ZERO TARDINESSES

AUGUST

- Rene B. Amarante
- Ma. Christina B. Amiscua
- Arturo P. Apas, Sr.
- Charlotte Jones C. Badrina
- Josefina M. Balsicas
- Jessie C. Canillo
- Sherryl P. Celestial
- Ranel Vincent D. Cichon
- Kellyn F. Delez
- Perliil A. Guzman
- Emmanuel D. Hagoriles
- Noveele Ross P. Hibaler
- Germanuel Laud
- Rosalyn G. Macainan
- Alexander A. Mahinay
- Leda M. Morcillos
- Rolan F. Nobleza
- Julie Nelle V. Ocampo
- Karren T. Ortega
- Lilita L. Rojo
- Josephine D. Seldres
- Arnold D. Talorong, Sr.
- Serafin B. Toleco, Jr.
- Sally G. Tranquillero
- Janet B. Villanueva

SEPTEMBER

- Rene B. Amarante
- Arturo P. Apas, Sr.
- Charlotte Jones C. Badrina
- Josefina M. Balsicas
- Cristino H. Corpus
- Giovani G. Garde
- Perliil A. Guzman
- Emmanuel D. Hagoriles
- Noveele Ross P. Hibaler
- Ignatius Marie N. Layoso
- Rosalyn G. Macainan
- Alexander A. Mahinay
- Cristina B. Memoria
- Leda M. Morcillos
- Rolan F. Nobleza
- Julie Nelle V. Ocampo
- Karren T. Ortega
- Lolita L. Rojo
- Arnold D. Talorong, Sr.
- Serafin B. Toleco
- Sally G. Tranquillero
- Janet B. Villanueva

RAISE THE ROOF !

Congratulations to our TRAINERS and COACHES in the recently concluded Literary Musical, Dance, and Sports Competitions of the NOPSSCEA, the Science Quiz Bee of the USLS College of Medicine, AND the Newscasting Competition sponsored by ABS-CBN and UNO-R.

Mrs. Grace Marie David
Mr. Ruperto Dulce

Mr. Ruel Gepilga
Mr. Jeffrey Mendoza
Mr. Luiscito Traigo
Mrs. Jean Vale
Mrs. Analou Claridad
Ms. Elvi Idiosolo and Mr. Carl Seran
Mrs. Marijo Garin and Ms. Maggie Mañego

Talumpati and Oration (English)
Impromptu Speaking (English)
Impromptu Speaking (Filipino)
Vocal Solo OPM
Vocal Duet OPM
Folkdance
Badminton and Taekwondo
Table Tennis
Quiz Bee
Newscasting Competition